

# GAMES/ACTIVITIES FOR PROMOTING SOCIAL SKILLS

## Activities to promote imitation

freeze dancing  
Head, Shoulders, Knees and Toes  
Simon Says  
Indian Chief  
Follow the Leader

## Increasing eye contact and interpersonal connections

Peek-a-boo  
holding hands  
Ring Around the Rosy  
Bubbles  
Roly-Poly  
Pass the beanbag  
Snacktime interactions (handing out supplies, identifying classmates, conversation)  
I Spy

## Identifying and understanding Emotions/Body Language

Mirror play  
Using pictures of faces (magazines, books) for identification and interpretation  
Emotions Charades  
Puppets  
Role Playing

## Increasing Cooperative Play

Forward/backward/sideways  
Obstacle course  
Group Projects - Art, Cooking, Dancing, Science Projects  
Board Games

## Increasing Social Problem-Solving Skills

Use of puppets to OR role-playing to create scenarios dealing with issues such as:

Conflict resolution

Teasing

Anger

### Improving Conversation Skills

Show and Tell

Learning about “opinions” and ways to express them

Learning social greetings/niceties and when to use them

How and when to deliver Compliments and Criticisms